



I AM COMMITTED TO HAVING A
POSITIVE MENTAL ATTITUDE
 So I AM TAKING A MENTAL B.A.T.H. EVERYDAY



SUN	MON	TUES	WED	THU	FRI	SAT
Booking Affirmations Tape Hotline	Booking Affirmations Tape Hotline	Booking Affirmations Tape Hotline	Booking Affirmations Tape Hotline	Booking Affirmations Tape Hotline	Booking Affirmations Tape Hotline	Booking Affirmations Tape Hotline
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EACH DAY WORK TO **BOOK** ONE APPOINTMENT
 EACH DAY SAY YOUR POSITIVE **AFFIRMATION**
 EACH DAY LISTEN TO A POSITIVE MARY KAY **TAPE**
 EACH DAY LISTEN TO VOICE COM OR THE **HOTLINE**

Mark BATH days